

# Six Kinds of Best Values Framework

## 1 Key Law – *The Law of Attraction*

Whatever you are thinking and feeling plus your actions is creating your future

## 2 Key Mindsets

Positive Attitude – High Expectations

## 6 Key Values

Six Kinds of Best

<b>Be Kind to Yourself</b> <i>Respect Yourself</i>	<b>Be Kind to Others</b> <i>Respect Others</i>	<b>Be Kind to the Environment</b> <i>Respect the Environment</i>	<b>Be the Learning Kind</b> <i>Love Learning</i>	<b>Be the Achieving Kind</b> <i>Strive to achieve your potential</i>	<b>Be The Community Kind</b> <i>Be a positive contributor to your communities</i>
<b>80 Key Behaviours – Success Habits</b>					
<ol style="list-style-type: none"> <li>1. Be proud of your uniqueness</li> <li>2. Develop a sense of identity (know what is important to you)</li> <li>3. Know your strengths and work on your weaknesses</li> <li>4. Exercise regularly</li> <li>5. Eat well</li> <li>6. Sleep well</li> <li>7. Take time to relax</li> <li>8. Minimise risks</li> <li>9. Keep learning and growing</li> <li>10. Strive for success (and get some ego food)</li> <li>11. Love, and value the love of others</li> <li>12. Develop a circle of quality friends</li> <li>13. Stand up for yourself (be confident but humble)</li> <li>14. Make good choices</li> <li>15. Forgive yourself if you make mistakes</li> <li>16. Be positive</li> <li>17. Be useful</li> <li>18. Have some fun</li> <li>19. Be proud of the things you say and do</li> </ol>	<ol style="list-style-type: none"> <li>1. Value relationships</li> <li>2. Respect the rights of others</li> <li>3. Be polite and use good manners</li> <li>4. Praise people who do things well</li> <li>5. Develop good people skills</li> <li>6. Work at building and maintaining relationships</li> <li>7. Be tolerant and understanding of difference</li> <li>8. Respect other points of view (even if you don't agree with them)</li> <li>9. Don't bully or put others down</li> <li>10. Seek a fair go for all</li> <li>11. Manage and resolve conflict</li> <li>12. Cooperate and be a team player</li> <li>13. Support and include others</li> <li>14. Value family life</li> <li>15. Treat others the way they need to be treated.</li> </ol>	<ol style="list-style-type: none"> <li>1. Clean up after yourself</li> <li>2. Keep the land, air and waterways clean</li> <li>3. Recycle and don't waste</li> <li>4. Save water</li> <li>5. Conserve energy</li> <li>6. Care for natural habitats, wildlife and endangered species</li> <li>7. Use environmentally friendly products</li> <li>8. Consider environmentally friendly energy sources</li> <li>9. Consider using resources that can be replaced (sustainable development)</li> <li>10. Value our cultural heritage</li> </ol>	<ol style="list-style-type: none"> <li>1. Be positive about learning</li> <li>2. Seek knowledge about yourself, others and the world around you</li> <li>3. Recognise the value of knowledge</li> <li>4. Have an enquiring mind – be curious (ask questions)</li> <li>5. Determine how you learn best (learning styles)</li> <li>6. Have an open mind</li> <li>7. Be a critical thinker</li> <li>8. Have a global perspective</li> <li>9. Seek learning opportunities everywhere</li> <li>10. Learn from your mistakes</li> <li>11. Keep learning</li> </ol>	<ol style="list-style-type: none"> <li>1. Have a go!</li> <li>2. Try lots of different things</li> <li>3. Discover what you're good at and enjoy doing</li> <li>4. Do things to the best of your ability</li> <li>5. Pursue quality and personal excellence</li> <li>6. Use your talents</li> <li>7. Develop a sense of purpose</li> <li>8. Manage your time effectively</li> <li>9. Manage your money wisely</li> <li>10. Set worthwhile goals and make plans to achieve them</li> <li>11. Show persistence and self discipline to achieve your goals</li> <li>12. Look at different ways of doing things – creativity and innovation</li> <li>13. Develop good communication skills</li> <li>14. Seek good role models</li> </ol>	<ol style="list-style-type: none"> <li>1. Behave responsibly</li> <li>2. Respect authority</li> <li>3. Follow rules</li> <li>4. Be honest and seek the truth</li> <li>5. Show integrity - develop a sense of what's morally and ethically right, and act that way</li> <li>6. Be useful</li> <li>7. Get involved in the community</li> <li>8. Strive for justice and a "fair go" for all</li> <li>9. Share with and care for those in need</li> <li>10. Support freedom</li> <li>11. Strive for peace</li> </ol>